



Cove Junior School
Whole School Overview
PSHE

Key Values	Year 3	Year 4	Year 5	Year 6
Autumn 1	How can we recognise and manage our feelings?	Do I understand the emotion I am feeling?	How can we make a difference? Being Responsible- Looking out for others A World without Judgement- Inclusion and Acceptance	How can I stay safe online? Making friends online Water Safety
Autumn 2	Am I responsible?	Do I know how to be safe online?	What does peer pressure mean? Keeping/staying safe- peer pressure Keeping/staying healthy-smoking	What is parliament? British Values What does the word diverse mean? A world without judgement – British Values The Island - Armin Greder
Spring 1	How can we look after our planet?	Can I be responsible? How can I contribute to my home, school and community?	What can I do to control my emotions? Feelings and Emotions – anger	Growth mindset The Working World In App purchases.
Spring 2	How can we be safe on the computer?	What is a healthy lifestyle? Do I know how to cycle safely?	How can I stay safe online? Computer safety- sharing Images	Feelings and Emotions What does it feel like to worry?
Summer 1	Are relationships always positive?	How can we recognise a positive relationship?	What can I do to make sure I save money? The Working World Enterprise	How can we keep safe? Keeping staying safe/ alcohol /smoking
Summer 2	How can we keep ourselves safe?	How can I promote equality?	How do our bodies change during puberty? Growing and Changing	How do we grow and change? Growing and changing / conception First Aid

KSS	KSH	REL	GAC	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships	Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid