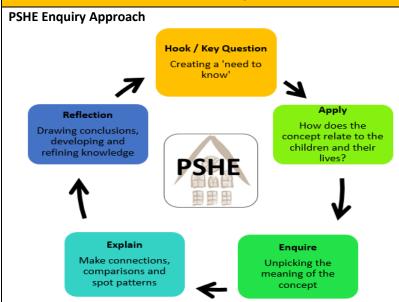


# Cove Junior School Curriculum Statement PSHE

"You're braver than you believe, stronger than you seem and smarter than you think"

Christopher Robin (Winnie the Pooh by AA Milne)



#### **National Curriculum Aims**

Since September 2020, Relationships and Health Education is compulsory.

Our focus is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, relationships with other children and with adults. The aim of teaching pupils about physical health and mental wellbeing is to give them the information that they need to make good decisions about their own health and wellbeing. It should enable them to recognise what is normal and what is an issue in themselves and others and, when issues arise, know how to seek support as early as possible from appropriate sources.

#### **Curriculum Intent for PSHE**

We want our children to leave Cove Junior School as responsible citizens, with the ability to ask questions and make informed choices. PSHE teaches the pupils the consequences of their actions and enables them to make a meaningful contribution to society. Pupils will learn about their rights, and the rights of others, as well as the responsibilities they will face as they grow into members of society. They will be given the tools to help them navigate the complex issues of relationships, focusing on online respectful relationships. Pupils are given the strategies to be able to understand their own mental wellbeing and understand when they need to ask for help and advice. We aim for pupils to be emotionally aware, have a sense of belonging, have empathy and have good emotional and communication skills to aid them to progress in future life.

## **Curriculum Implementation for PSHE**

Our integrated curriculum promotes PSHE across a wide range of subjects and helps to ensure that PSHE lessons are not 'one offs' but link with the children's other learning, making them more meaningful. We teach with a set of resources called 1decision, which breaks down the units covered into eight manageable topics.

- Staying/Keeping Safe
- Keeping/Staying Healthy
- Growing and Changing
- Being Responsible
- Feelings and Emotions
- Computer Safety
- The Working World
- A World Without Judgement

We spend time making sure the classroom is a safe environment for discussions and opinions to be shared. Pupils are encouraged to question ideas and each unit of work starts with a big question or idea. Our enquiry-based approach is used to teach the pupils about how their ideas can have an impact on them as individuals, but also as part of wider society.

### **Curriculum Impact for PSHE**

At Cove Junior School we develop each child as a whole person, ensuring they can achieve their potential as an individual, as well as academically. Using the 1decision resources, we offer the pupils a pre and post assessment to show their development and learning within each term's main theme. This is then used to inform the next unit of work if any additional learning is required or to address any misconceptions. This information can be used to inform reports and to pass information onto the ELSA about any pupil that may need additional support socially outside the weekly sessions. Discussions are also key in the lesson to ensure that all pupils have the opportunity to share their thoughts and ideas.

