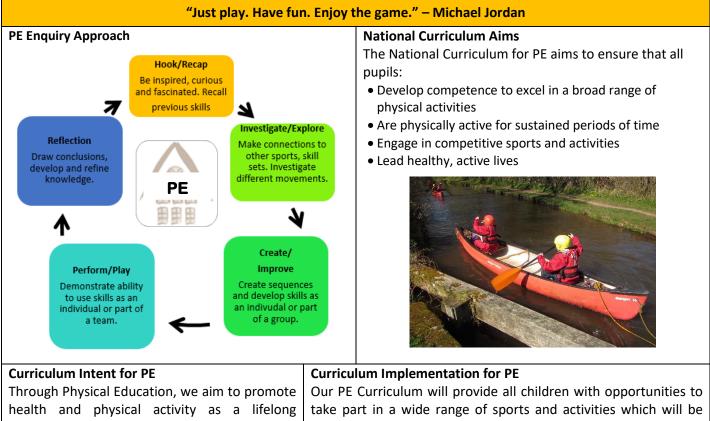


Cove Junior School Curriculum Statement PE



Inrough Physical Education, we aim to promote health and physical activity as a lifelong endeavour. We seek to develop the attitudes and confidence for our young people to take part in a broad range of activities that develop their physical skill, confidence, independence and in ways that challenge them to achieve their personal best. Physical Education will promote a respect of the body through movement and a respect of others, through fairness, shared understanding and collaboration.

Our PE Curriculum will provide all children with opportunities to take part in a wide range of sports and activities which will be carried out in a safe and supportive environment. Pupils will set challenging targets that they will look to achieve throughout the curriculum. Children's success will be measured by recognising key values of team work, respect, the rule of law within sports, positivity, perseverance, passion and their own personal targets. Competitive sport opportunities will be encouraged within school and the local community as well inter-house competitions. Extracurricular activities, sports and trips will be encouraged and all children will be given the opportunity to attend residential trips which strive to inspire and challenge.

Curriculum Impact for PE

Our PE curriculum aims to improve the wellbeing and fitness of all children, through the sporting skills taught, the underpinning sportsmanship values and disciplines which PE promotes. The impact of this curriculum will be clear, not just through the attainment of pupils against Age Related Expectations, but through the positive attitudes of our pupils towards physical activity and healthy lifestyles. Our children will be more actively engaged and motivated, not only in PE lessons, but also during the school day and in extra-curricular sporting opportunities both in and out of school in order to promote a passion for lifelong involvement in sports.





